

FOOD & CULTURE ACROSS ITALY'S ICONS

MILAN - FLORENCE - CHIANTI WINE REGION - ROME - COLOSSEUM - FRASCATI - NAPLES - AMALFI COAST (SORRENTO, POSITANO, AMALFI)

Trip duration: 11 days | Travelers: 1 Adult

ITINERARY

*Indulge in the flavors, wines, and iconic sights of **Milan, Florence, Rome, and the Amalfi Coast**. A journey through Italy where art, landscapes, and cuisine blend into one unforgettable experience.*

Begin in **Milan**, where elegance meets tradition during a **gourmet food walk in Brera**, tasting classics like creamy **risotto alla milanese** in the city's most stylish quarter. Travel south to **Florence**, stepping into the world of **Michelangelo's David** at the Accademia before diving into Tuscany's culinary soul: from a hands-on **Florentine cooking class** to a **Chianti escape**, where rolling vineyards and winery tastings reveal the region's legendary flavors.

In **Rome**, walk inside the **Colosseum**, then explore the Eternal City by gourmet **golf cart**, sampling authentic Roman bites as you glide through its timeless streets. Beyond the city, the hills of **Frascati** welcome you with **vineyard views**, a wine tasting, and a relaxed countryside lunch.

The journey continues to **Naples**, gateway to the southern coast, through the dramatic beauty of **Sorrento, Positano, and Amalfi**, crowned by a leisurely seaside lunch along one of the world's most breathtaking shorelines.

From the first taste in Milan to the last glass overlooking the Amalfi Coast, this is Italy experienced through its most irresistible flavors, landscapes, and stories.

Day 1



MILAN: FASHION, FLAVOR & THE ICONIC "RISOTTO"



Dynamic, elegant, and effortlessly chic, Milan is where innovation meets timeless beauty. From **Leonardo's Last Supper** and the majestic **Duomo** to the modern **skyline of Porta Nuova**, every corner tells a story of creativity and style. Beyond the catwalks and boutiques, discover **Milan's flavors**, as refined as its fashion. Indulge in tastings of Milanese classics like **risotto alla Milanese**, the **ossobuco** or the sparkling **"aperitivo"**, embracing the city's signature elegance.



Check-in 14:00

YOUR HOTEL IN MILAN

📍 Milan Lombardy, Milan, Italy -



🕒 2 nights 🧑 1 Adult

You can choose from a carefully selected range of accommodation, available in 3- or 4-star options depending on your preference.

Each property is chosen for its comfort, reliability, and excellent location — perfect for exploring the city easily on foot or by public transport. Expect **modern amenities, warm hospitality, and consistent quality standards** in every destination, ensuring outstanding guest experiences.



A DAY TO YOURSELF IN MILAN



Enjoy the freedom to shape your own **Milanese** day! Feel free to choose how to spend it: whether it's shopping along the elegant streets of the Quadrilatero della Moda, visiting world-class museums, or simply relaxing with an aperitivo in a lively piazza. Discover Milan at your own rhythm, following your curiosity and your taste.

Day 2



Start at 11:15

MILAN GOURMET FOOD TOUR

📍 Milan Lombardy, Milan, Italy -



🕒 3 hours 30 minutes 🧑 1 Adult

Discover Milan through its most iconic flavors on a guided gourmet journey blending culture and cuisine. Stroll through the elegant **Brera district** and savor the city's signature **Risotto alla Milanese**, a golden saffron masterpiece that perfectly captures Milan's culinary soul. Enjoy a curated tasting of **local delicacies**: from artisanal **cheeses** and **cured meats** paired with fine **wines** to the beloved **Pizza Margherita**, freshly baked **pastries** like **cannoncini and mignons** and rich **espresso**. Each stop reveals a new layer of Milan's taste and tradition, making this experience a must for true food lovers.



MILANESE AFTERNOON YOUR WAY



Enjoy a relaxed afternoon discovering Milan exactly as you wish. Take time to explore stylish boutiques, visit an art gallery, or simply relax with an aperitivo along the picturesque canals of the Navigli district. Whether you're drawn to fashion, art, or the city's vibrant café culture, this is your time to enjoy Milan exactly as you like it.

Day 3



Depart 09:45

HIGH-SPEED TRAIN FROM MILAN CENTRAL STATION TO FLORENCE SANTA MARIA NOVELLA

📍 1 Piazza Duca d'Aosta, Milano, Italy -



👤 1 Adult

Reach Milan Centrale Railway Station to take your high-speed train to Florence Santa Maria Novella Railway Station.



FLORENCE: THE RENAISSANCE OF FLAVOR



Step into Florence, a city where centuries of art and culinary tradition meet in perfect harmony. Wander through streets lined with Renaissance masterpieces, from **Brunelleschi's Dome** to **Michelangelo's David**, and marvel at the treasures of the **Uffizi**. Beyond the galleries, Florence invites you to taste its soul: sample freshly baked focaccia and pastries at bustling markets, savor rich **Tuscan wines** in intimate **enotecas**, or enjoy a perfectly grilled **bistecca alla fiorentina** at a local **trattoria**. Let the aroma of fresh pasta and the golden light of the Arno at sunset guide your exploration. Here, every corner tells a story, every flavor celebrates tradition, and every moment invites you to experience the city not just as a sight to see, but a feast to savor.



Check-in 14:00

YOUR HOTEL IN FLORENCE

📍 Florence Tuscany, Florence, Italy -



🕒 3 nights 🧑 1 Adult

You can choose from a carefully selected range of accommodation, available in 3- or 4-star options depending on your preference.

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⏰ 16:15

MEET MICHELANGELO'S DAVID UP CLOSE

📍 19 Via Camillo Cavour, Firenze, Toscana 50129, Firenze, Italy -



Step into **Michelangelo's world** and uncover the secrets behind one of the **most celebrated masterpieces** of all time. With **skip-the-line** access to Florence's Accademia Gallery, enjoy a small-group guided tour that brings the **story of David** to life in a vivid and engaging way.

Explore the **Hall of Prisoners** and the unfinished *San Matteo*, discovering the fascinating process behind **Michelangelo's genius** and the struggles of his tormented life. After the guided visit, feel free to remain in the museum and admire the artworks at your own pace.

Day 4



FLORENTINE MORNING YOUR WAY



Savor a morning entirely your own in the heart of Florence: with no set plans, you're free to choose any activity you'd like to explore the city. Stroll through lively markets and taste freshly baked pastries, or sip a cappuccino while watching the city awaken. Perhaps you'll visit a local enoteca for a morning wine tasting, explore artisan workshops, or admire iconic landmarks like Brunelleschi's Dome at your own pace.

🚶 Start at 14:30

CHIANTI WINE ESCAPE: TASTES, VIEWS & VINEYARDS

📍 Piazzale Montelungo, Firenze Toscana, Firenze, Italy -



🕒 5 hours 15 minutes 👤 1 Adult

Immerse yourself in the sun-drenched hills of Tuscany on a half-day journey through the heart of the Chianti wine region. Visit **two charming estates**, where passionate owners will guide you through the secrets of traditional **winemaking**. Savor up to **8 high-quality Chianti wines** paired with **local delicacies**, including artisanal cheeses, **olive oils**, and Tuscan snacks. Stroll through rolling vineyards, admire cypress-lined landscapes, and enjoy the golden light of the **Tuscan countryside**. Capture unforgettable views from a panoramic terrace, perfect for photos.

Day 5

🚶 Start at 10:00

LEARN TO COOK THE PERFECT FLORENTINE STEAK WITH WINE & DISCOVER SANT'AMBROGIO MARKET

📍 Piazza Lorenzo Ghiberti, Firenze, Toscana 50122, Firenze, Italy -



🕒 4 hours 👤 1 Adult

Step into the heart of Florence for a hands-on culinary adventure led by a true **local chef** from the Sant'Ambrogio neighborhood. Begin your day exploring the vibrant **Sant'Ambrogio Market**, where colorful stalls brim with fresh seasonal produce, aromatic herbs, artisanal cheeses, and cured meats — a true taste of Tuscan tradition.

Then, enter the chef's kitchen and learn all the secrets to **preparing a perfect Bistecca alla Fiorentina** on the grill, seasoned simply with salt and extra-virgin olive oil, and cooked to juicy, tender perfection. Start with a flavorful appetizer of **bruschetta**, then master the steak alongside perfectly grilled **vegetables**, finishing with traditional **cantuccini dipped in Vin Santo**. Throughout the experience, enjoy **unlimited wine** as you cook

and dine, soaking in the rich flavors and aromas of Tuscany. By the end of the class, you'll not only have savored a world-famous Florentine steak, but also gained the skills to recreate it at home.



FLORENTINE AFTERNOON YOUR WAY



Enjoy an afternoon of complete freedom in Florence. Choose to wander through charming streets, do some shopping, discover hidden trattorias, or savor a glass of Chianti at a cozy enoteca. Take your time exploring artisan shops, visit a Renaissance museum, or simply relax by the Arno with a gelato in hand. Whether you follow art, gastronomy, or simply your curiosity, this afternoon is yours to experience Florence exactly as you wish.

Day 6



Depart 08:48

HIGH-SPEED TRAIN FROM FLORENCE SANTA MARIA NOVELLA STATION TO ROMA TERMINI

📍 Piazza di Santa Maria Novella, Firenze, Italy -



👤 1 Adult

Proceed to Florence Santa Maria Novella Railway Station to take your high-speed train to Rome Termini Railway Station.



ROME: THE ETERNAL CITY OF DELIGHTS





Step into Rome, where history, culture, and gastronomy intertwine at every corner. Wander through ancient streets and piazzas, marvel at the **Colosseum**, **Pantheon**, and **Vatican** treasures, while savoring the scents of the city's culinary icons: creamy **cacio e pepe**, rich **carbonara**, crispy **suppli**, and freshly baked **pizza bianca**. Explore hidden **trattorias** and lively **markets** where local specialties — from aged **pecorino** and cured meats to seasonal produce — invite you to taste the city like a true Roman. Sip a glass of **Frascati wine** or a classic **aperitivo** as the sun sets over cobblestone streets, letting Rome reveal its vibrant energy through flavors and unforgettable moments.

 Check-in 14:00

YOUR HOTEL IN ROME

 Rome Lazio, Rome, Italy -



 3 nights  1 Adult

You can choose from a carefully selected range of accommodation, available in 3- or 4-star options depending on your preference.

Each property is chosen for its comfort, reliability, and excellent location — perfect for exploring the city easily on foot or by public transport. Expect **modern amenities, warm hospitality, and consistent quality standards** in every destination, ensuring outstanding guest experiences.

 Start at 15:00

GLADIATORS' PATH: SEMI-PRIVATE COLOSSEUM & ANCIENT ROME TOUR

 1 Piazza del Colosseo, Roma, Lazio 00184, Roma, Italy -



🕒 3 hours 🧑 1 Adult

Step back in time and experience Rome like a true gladiator on this **semi-private tour**. **Skip the long lines** and explore the iconic **Colosseum**, the **Arch of Constantine**, and the **Roman Forums** with **expert guidance**.

Begin atop the Oppian Hill, enjoying breathtaking views of Rome's most famous monuments. Once you enter the Colosseum, your guide will bring the stories of ancient battles and triumphs to life, immersing you in the drama of the arena. Wander through the heart of the **Imperial Forum**, discovering hidden secrets and legendary tales of emperors and citizens alike. With priority access to all sites, enjoy an intimate, unrushed journey through the grandeur of ancient Rome.

Day 7



Start at 11:00

ROME FOOD & CULTURE BY GOLF CART: TESTACCIO MARKET AND THE FLAVORS OF THE ETERNAL CITY

📍 Rome Lazio, Rome, Italy -



🕒 3 hours 30 minutes 🧑 1 Adult

This **3.5 hours** Rome food tour in Golf Cart will allow you to enjoy the Eternal City in comfort and it will make you **enjoy delicious food** while you discover **famous landmarks** and learn interesting stories about Rome. Thanks to the Golf Cart, we'll be able to cover way more ground than on a walking tour, exploring **off the beaten track areas** and getting a real feel for the city.

Start the morning the Italian way, enjoying a **cappuccino and cornetto** before your guide leads you past famous highlights like the **Colosseum and Trevi Fountain**, sharing fascinating stories about Rome's history along the way. Soon after, cross the **Tiber River** and make our way to **Testaccio**, one of the city's most authentic food districts. Here, you will visit the **vibrant market** and enjoy the traditional **"polpetta di lesso"** (a delicious beef patty, long cooked and then deep fried) or as an alternative, a rich **sandwich**. Taste the most

typical **Roman pasta** at the next stand and, after that, zip through other famous sites. Finish with **an amazing gelato** on one of the most beautiful squares of Rome, featuring the renowned **Turtle Fountain**.



ROMAN AFTERNOON YOUR WAY



Spend the afternoon embracing Rome at your own rhythm. Choose to wander through cobbled alleys, linger over an espresso in a sunlit piazza, or join an optional experience that catches your eye. This is your moment to live the Eternal City exactly as you wish.

Day 8



09:00

PRIVATE TRANSFER TO FRASCATI

📍 Rome Lazio, Rome, Italy -



👤 1 Adult

Your private transfer will pick you up at your hotel to take you to Frascati.



Start at 10:20

ROMAN HILLS WINE & LUNCH EXPERIENCE

📍 Frascati, Lazio 00044, Frascati, Italy -



🕒 4 hours 50 minutes 🧑 1 Adult

Discover the charm of the **Roman countryside** on a half-day escape to **Frascati**. Begin with a short drive through the rolling Castelli Romani hills to a historic **family-owned vineyard**, where you'll taste **three exquisite wines** guided by the winemaker. Explore the ancient cellars before heading to Frascati's center for a **guided walking tour**. **Frascati** is the beating heart of the **Castelli Romani**, a group of hill towns southeast of Rome known for their noble villas, volcanic landscapes, and food-forward culture. A favorite weekend escape for Romans since antiquity, Frascati has long blended aristocratic flair with down-to-earth hospitality. During your stroll, you'll taste **porchetta**, sip **jug wine from a local cantina**, and meet the artisans who keep this tradition-rich town alive.

Conclude with a **traditional lunch at an authentic osteria**. Lunch starts with a generous selection of **regional cheeses, cured meats, and seasonal vegetables**, followed by **handmade pasta** with sauces that change with the time of year. Every bite is paired with **house wine** from the osteria itself: no bottled branding, just the kind of wine that flows at Roman tables when no one's looking. After lunch, enjoy some free time to wander, shop, or sip gelato before returning to Rome.



15:10

PRIVATE TRANSFER FROM FRASCATI TO ROME

📍 Frascati, Lazio 00044, Frascati, Italy -



🧑 1 Adult

Your private transfer will pick you up in Frascati to take you back at your hotel.

Day 9



Depart 09:00

HIGH-SPEED TRAIN FROM ROMA TERMINI STATION TO NAPLES CENTRAL STATION

📍 1 Piazza dei Cinquecento, Roma, Lazio 00185, Roma, Italy -



👤 1 Adult

A high-speed train will take you to the city of Naples in just an hour and a half.



NAPLES: THE ART OF PIZZA & SOUTHERN PASSION



Welcome to **Naples**, the birthplace of Italy's most beloved dish: **pizza**. Dive into the city's vibrant energy, where centuries of history meet bold flavors and heartfelt hospitality. Wander through lively streets scented with freshly baked dough, tomatoes, and basil, and discover local gems where traditional recipes are still crafted by hand. From classic **Margherita** to **sfogliatella** and **espresso**, every bite tells a story of Neapolitan pride. In Naples, food isn't just a meal, it's pure emotion.



NEAPOLITAN AFTERNOON YOUR WAY



Spend the afternoon embracing Naples at your own rhythm. Stroll through lively streets filled with color and character, savor a true espresso in a local café, or join an optional experience that sparks your curiosity. Whether you're drawn to history, flavor, or seaside views, this is your time to enjoy Naples exactly as you wish.



Check-in 14:00

YOUR HOTEL IN NAPLES

📍 Naples Campania, Naples, Italy -



🕒 2 nights 🧑 1 Adult

You can choose from a carefully selected range of accommodation, available in 3- or 4-star options depending on your preference.

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Day 10



Start at 08:00

DISCOVER THE AMALFI COAST: SORRENTO, POSITANO & AMALFI WITH LUNCH

📍 Naples Campania, Naples, Italy -



🕒 9 hours 🧑 1 Adult

Immerse yourself in a true paradise suspended between land and sea as you discover three authentic pearls of the Mediterranean and **the Amalfi coast: Sorrento, Positano and Amalfi.**

First you will head to **Sorrento**, a picturesque town perched over the sea, distinguished by small alleyways and craft workshops, and the ubiquitous **lemon trees** that fill the air of the town with their delicious perfume. After enjoying a **delicious lunch** made with local produce, you will head for **Positano** and **Amalfi** on an unforgettable scenic trip along the entire Amalfi coast. The panorama will remain unforgettable, as you admire the cliffs hanging over the sea, the natural coves, and the quaint towns set like jewels in the coast.

The next stop will be the famous **Positano**, where you will have about an hour of free time to admire the beauty of the ancient village, and to take unforgettable photos of the suggestive majolica dome of the Positano church. The next stop will be **Amalfi**. Here, you will have free time to admire the town's exquisite **Cathedral** and taste "**babà**," a well-known Neapolitan pastry from the most famous patisserie in the town. You will return to Naples in the evening after an incredible day of exploring the most beautiful towns along the **Amalfi Coast**.

Day 11



Your Italian adventure comes to an end, but the memories you've created will stay with you forever.

From iconic sights to authentic experiences and local flavors, every moment has been carefully curated to show you the real Italy.

We can't wait to welcome you and make your travel dreams come true!

WHAT'S INCLUDED

Accommodation

10 nights in centrally located hotels.

Choose between two carefully selected options:

- **Smart Collection**
 - Milan: B&B Hotel Milano Aosta 3* or similar
 - Florence: Hotel La Fortezza 3* or similar
 - Rome: Hotel Canada 3* or similar
 - Naples: Hotel Cimarosa 3* or similar
- **Signature Collection**
 - Milan: UNAHOTELS Galles 4* or similar
 - Florence: C-Hotels Ambasciatori 4* or similar
 - Rome: Leonardo Boutique Hotel Rome 4* or similar
 - Naples: Palazzo Salgar 4* or similar

The hotels listed are our main partner in each city; they are presented as examples for your reference only. We only select the finest places in the city centers, and in compliance with high international standards. You will receive the list of hotels you will be staying at right upon booking.

Meals

- Daily **Breakfast**
- **Wine and food tastings** in Chianti region
- **Florentine steak and appetizers with unlimited wine** in Florence cooking class
- **Street Food tastings** in Milan and Rome
- **Lunch & Wine tasting** in Frascati countryside
- **Lunch** in Sorrento

Activities

- **Milan**
 - Milan **Gourmet Guided Food Tour**
- **Florence**
 - Accademia Gallery Guided Tour **with priority access**
 - Chianti Region **Wine Escape** Guided Tour
 - Florence **Cooking Class** and Market Visit
- **Rome**
 - Colosseum & Ancient Rome **Guided Tour**
 - Guided Walking Tour, **Wine tasting & Lunch** in the Roman Countryside
 - **3.5 hours Private** Golf Cart Food Tour
- **Naples**
 - **Grand Tour to the Amalfi Coast:** Sorrento, Positano and Amalfi in small-group with lunch

Transportation

- **High-speed train** tickets in **Premium Class** (Milan → Florence → Rome → Naples)
- **Private round-trip transfer** to Frascati Countryside

On-site Assistance

- **24/7 Assistance** throughout your trip, offering help and guidance at any time

